

7<sup>th</sup> National Early Childhood Intervention Conference, Batu Pahat  
30 August 2018

Concurrent 3 & 8

# It's all about the Music

Ms. Sherrene Teh  
Music Therapist

Ms. P'ng Jie Yi  
Occupational Therapist



Psychology



Speech & Language  
Therapy



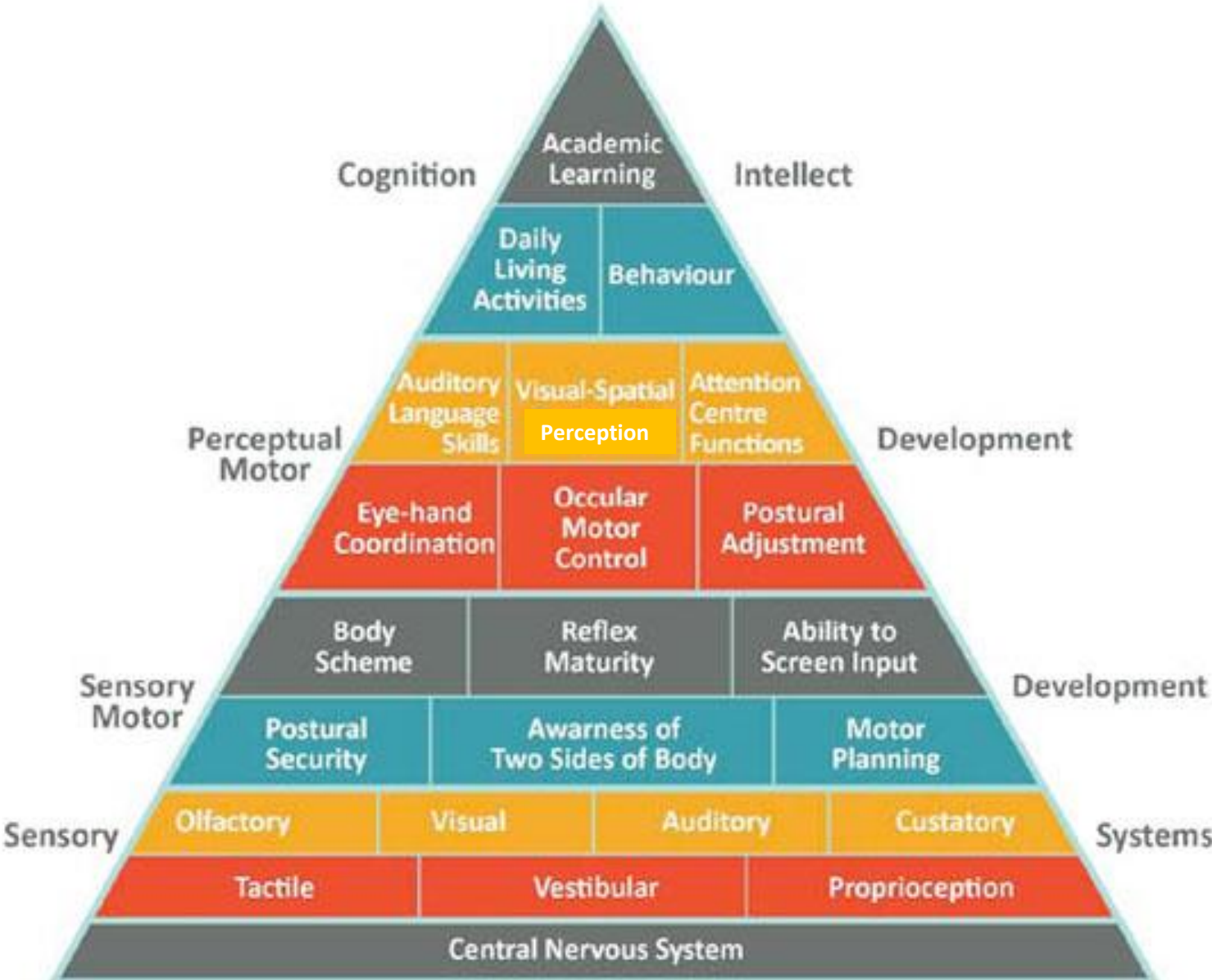
Occupational  
Therapy



Continuous  
Education



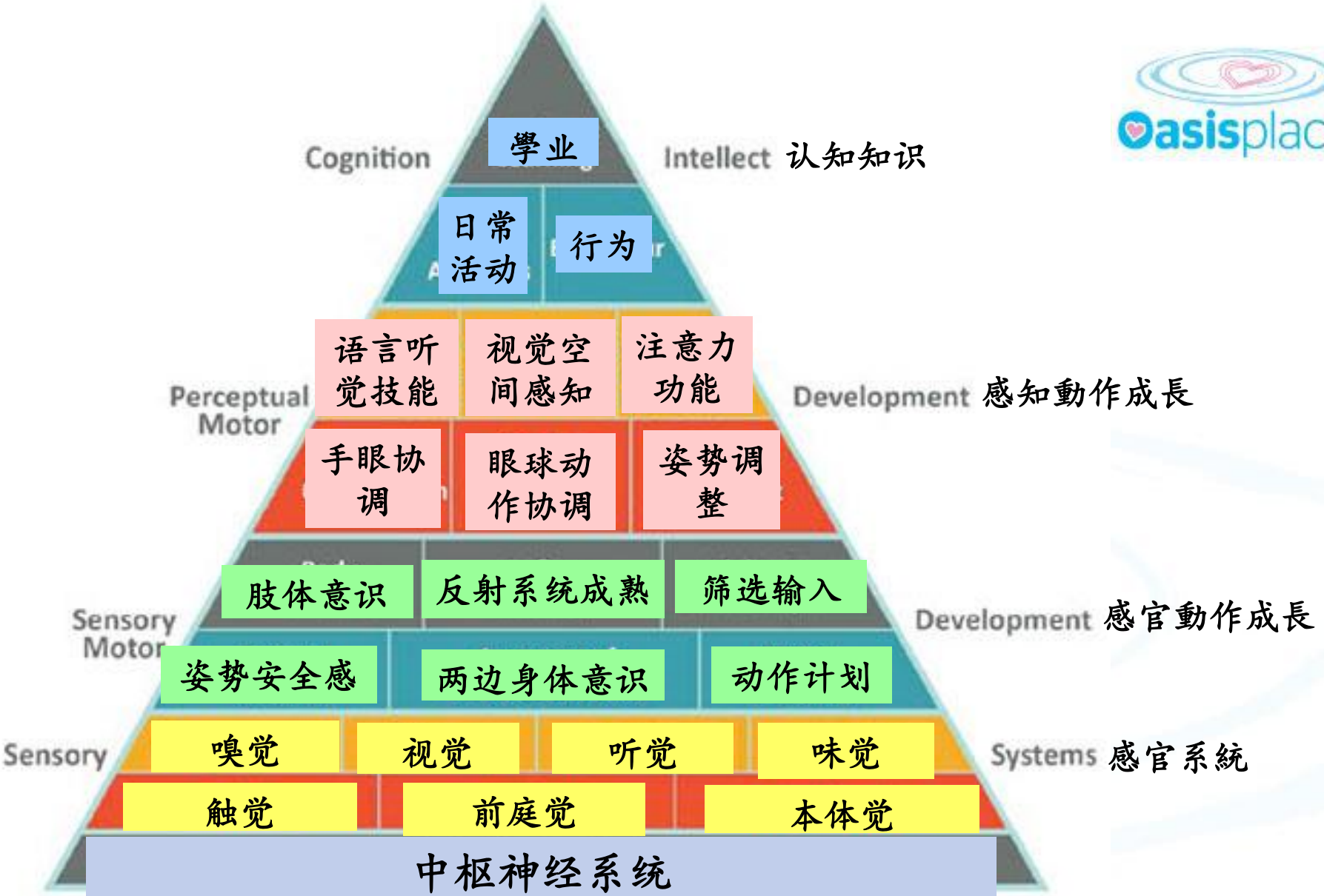
Nutrition



# Pyramid of Learning

by M.S. Williams & S. Shellenberger 1994, Albuquerque NM USA: Therapy Works. Copyright 1991 by Taylor and Trott.

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*Psychology*
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*Speech & Language Therapy*
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*Occupational Therapy*
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*Continuous Education*
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*Nutrition*
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*Music Therapy*



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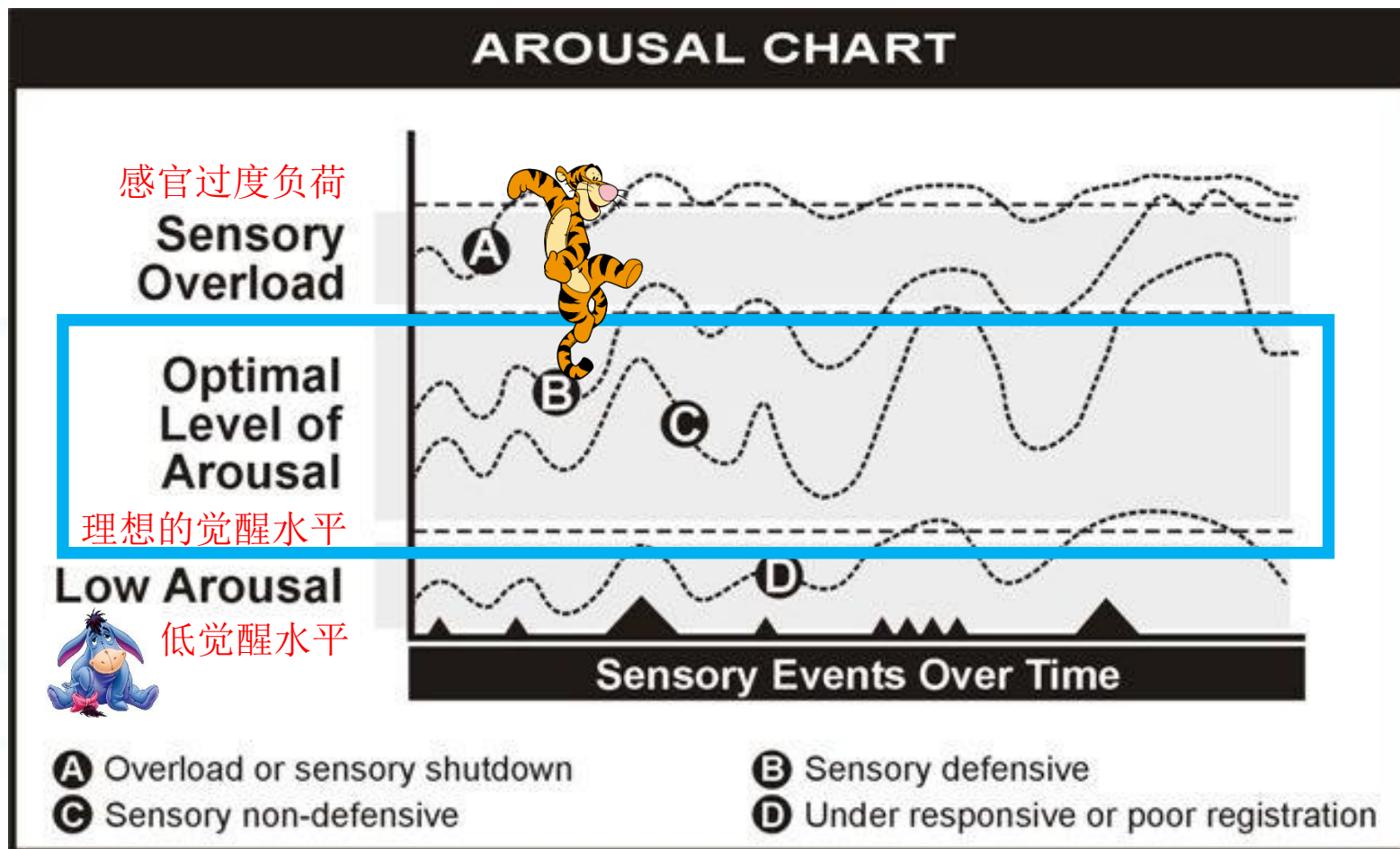
Nutrition



Music Therapy

# Modulation affects arousal

## 感觉调节影响觉醒水平



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Music Therapy

# Alerting vs Calming strategies



Sensory inputs	Calming	Alerting
Movement	Slow, predicted and regular	Fast, sudden and irregular
Vision	Dim and smooth	Bright and intermittent
Touch	Deep pressure and firm	Light stroke and tickle
Auditory	Slow, rhythmic, regular	Fast beat, irregular
Taste	Familiar, warm	Sour, mint, ice cold
Smell	Familiar, Lavender	Pungent
Joint Sense	Heavy muscle works	Heavy muscle works



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Music Therapy

# 刺激和冷静的方法



感官系统	冷静	刺激
平衡/动作	缓慢，预计性和规律性	快速，突然和不规律性
视觉	昏暗和柔暖	光亮和闪烁
触觉	深厚和坚定	轻抚和搔痒
听觉	缓慢柔和与规律性	快速与不规律性
味觉	熟悉与温和性	酸，冰冷
嗅觉	熟悉，薰衣草	激烈性
本体觉	肌肉施力活动	肌肉施力活动



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