

Growing Through Life - A Meaningful Role In the Society



5th NECIC 2014
4-7 June, Ipoh

Perjalanan
Kehidupan yang
Bermakna dalam
Komuniti

KHOR AI-NA
Asia Community Service
Penang, Malaysia



Life Goals Tujuan Kehidupan



- Score many A's? Skor banyak A?
- Get a prestigious job? Kerja berprestij?
- Earn lots of money? Dapat gaji tinggi?
- Marry well? Kahwin bahagia?
- Have big house, posh car?
Miliki rumah besar, kereta mewah?

The Journey Perjalanan



5 years? 10 years? 50 years?

Early
Intervention
& Preschool
Penglibatan
Awal dan
Pra-sekolah

Primary &
Secondary
School
Sekolah
Rendah &
Menengah

Adulthood
Dewasa

Definition – Inclusive Society

A socially inclusive society is defined as one where all people feel valued, their differences are respected, and their basic needs are met so they can live in dignity.

Masyarakat yang inklusif adalah di mana setiap rakyat merasakan dirinya bermakna, menghormati perbezaan dan setiap keperluan asas dipenuhi supaya semua boleh hidup secara bermaruanah.

(Cappo 2002)



Life - What Is The Ultimate Purpose?? Apa tujuan muktamad kehidupan?



- Participate in community life.
- Make choices & decisions.
- Join the workforce.
- Develop friendships.
- *Menyertai kehidupan dalam komuniti.*
- *Buat pilihan dan keputusan.*
- *Sertai tenaga kerja & berkawan*

*Enjoy a meaningful, independent life
and be respected in the community
Menikmati kehidupan yang bermakna, berdikari dan
dihormati di dalam masyarakat*

- ❖ Social Inclusion ❖ Independence ❖ Happiness ❖
- ❖ Penyertaan sosial ❖ Berdikari ❖ Kebahagiaan ❖

Inclusive Society = 1Malaysia



- ❖ Enjoy unity in diversity
- ❖ Respect differences
- ❖ Value uniqueness

- ❖ Menikmati perpaduan dan kepelbagaiannya
- ❖ Menghormati perbezaan
- ❖ Menghargai keunikan

**Respect & Value
Hormat & Nilai**



It is ok to be different

OK kalau berbeza



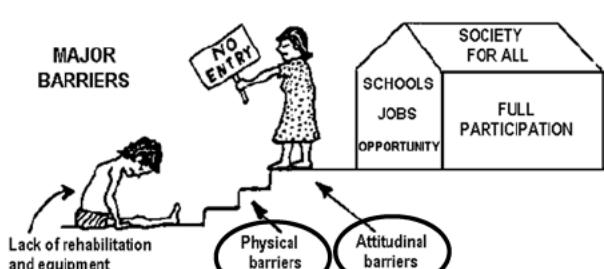

**Equal Opportunities
Peluang yang Sama**




PWDs are citizens of this country and have rights

OKU juga warganegara dan mempunyai hak

**Social Barriers
Halangan Sosial**



MAJOR BARRIERS

Lack of rehabilitation and equipment

Physical barriers

Attitudinal barriers

SCHOOLS JOBS OPPORTUNITY

FULL PARTICIPATION

Halangan FIZIKAL & Halangan SIKAP

Survey Questions / Tinjauan

Saya boleh masak
I can cook

	Yes	No
 nasi goreng	 ✓	 X
 soto ayam	 ✓	 X
 dua orang	 ✓	 X
 minuman	 ✓	 X

Selepas kahwin, saya mahu _____ anak
After marriage, I want to have _____ children
结婚后，我要生_____孩子

Yes No

Survey Results / Keputusan

- I can make my own decisions Saya boleh buat keputusan on what clothes to wear ... pilih pakaian sendiri 94% on what food to eat. ... pilih makanan sendiri 92%
- I can cross the road on my own. Saya boleh melintas jalan sendiri. 58%
- I would like to have a special friend. Saya inginkan seorang kawan istimewa 81%
- I would like to get married. Saya ingin kahwin 60%



**Debunking Prejudices
Hapuskan Prasangka Prejudis**

Enjoying Family Life
Menikmati kehidupan berkeluarga

..... Fatherhood
...sebagai ayah



Motherhood.....
sebagai ibu.....



Acceptance & Involvement Penerimaan & Penglibatan



Polisi Kesaksamaan Peluang



involvement team



ACS Stepping Stone Centre

Provides a work place and supports for independent living in the community for adults with intellectual disabilities in rural Penang

Pusat Sokongan yang memberi peluang perkerjaan dan sokongan dalam kehidupan berdikari dalam komuniti



QoL

Quality of Life



Kehidupan yang Berkualiti



Conservation & Eco- Initiatives & Artisan Craft Pemeliharaan Alam Mesra & Seni Kraf



Weaving Section Bahagian Tenun



Batik Section

**Tjanting and
block printing**



Canting & cetakan blok

**Freedom of patterns & designs
Kebebasan corak & rekabentuk**

**Choice of colours & tones
Pilihan warna & nada**

Ceramic Pottery Tembikar Seramik

Hand building & Shaping

Hand-made Soap

**Recycling used cooking oil
Membuat sabun dengan minyak terpakai**

Handmade Paper

Natural Resources using plant fibre

Mengguna sumber asli fiber tumbuhan

Bakery & Kitchen Work

Cooking & Baking & Bread making

Recycling Activities Kitarsemula

Recycling Bank

**RE USE
REDUCE
RECYCLE**

Quality Products

PRODUCT CATALOGUE

www.asiacommunityservice.org

SPECIAL HANDS

Partnership

KEDAI ORGANIK

just life

Corporate Social Responsibility

FAIRTRADE

Recognition Pengiktirafan

Featured in tourism brochures
Paparan di risalah perlancungan

Betong HOMESTAY

Traditional Arts & Crafts

Come witness the splendour of batik or cloth weaving, one of the oldest art in the world. The art is unique in its own way. Some are woven in a simple way, the other sashed with batik and designed with intricate patterns. Another art is to be moulded by the hand making in the handicrafts. The art of pottery, wood carvings, painting, designing copper pens, song was and batik colouring. This handicrafts are mainly used for commercial and it is truly unique.

Discover BALIK PULAU

Independence Berdikari

Economic power to socialise
Kuasa ekonomi untuk bersosial

Owning vehicles & Mobility independence
Milik basikal sendiri dan bergerak secara berdikari

Visual Arts

Exploring the visual arts of drawing and painting

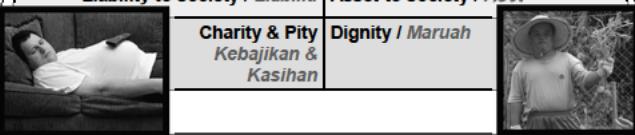
Menjelajahi seni lukisan

Transform Lives... Turn Liability into Assets...

Transformasi kehidupan... Tukar liabiliti menjadi aset....

The status of people with disabilities in the society needs to be elevated.
Status OKU di dalam masyarakat perlu dipertingkatkan

PWD A	PWD B
Free from decision making Bebas dari sebarang keputusan	Freedom Kebebasan
Dependent / Bergantung	Independent / Berdikari
Disabled / Ketidakupayaan	Enabled / Berupaya
Protective life Hidup terlindung	Adventurous life Hidup teruja
Child-like / Keanakan	Mature adult / Matang
Liability to society / Liabiliti	Asset to society / Aset
Charity & Pity Kebajikan & Kasihan	Dignity / Maruah



Honour & Dignity Hormat & Maruah

Respect

"Any necessary work that pays an honest wage carries its own honor and dignity."

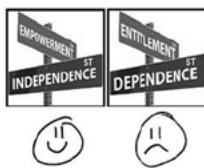
W. Kelly Griffith



Apa saja pekerjaan yang dibayar dengan upah yang jujur mempunyai penghormatan & maruah yang tersendiri.

Keys to Empowerment Kunci Memperkasaan

- ❖ Recognise the disabilities, emphasize the possibilities.
Kenali ketidakupayaan & utamakan kebolehan
- ❖ Reduce, if not eliminate Control
Kurangkan atau hapuskan kawalan
- ❖ Simplify language & concepts
Mudahkan bahasa & konsep

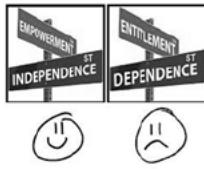


Visual Support Strategies Strategi Sokongan Bergambar

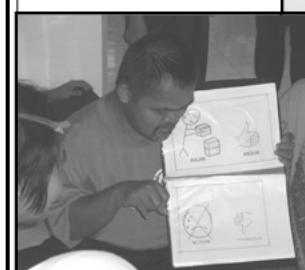


Keys to Empowerment Kunci Memperkasaan

- ❖ Recognise the disabilities, emphasize the possibilities.
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Mudahkan bahasa & konsep
- ❖ Build confidence & self-esteem
Bina keyakinan & harga diri



- Enable choices & decision making
Beri peluang pilihan & keputusan



- Building self esteem & confidence
Membina keyakinan & harga diri

MUTIARA VOICE CLUB
Self Advocacy Club Movement
by the members, for the members

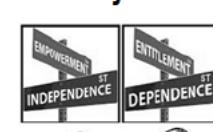
Kelab Advokasi Diri
- Tubuhkan oleh ahli
untuk ahli

dignity+respect
= Inclusion

Maruah + Hormat = Inklusif

Keys to Empowerment
Kunci Perkasaan

- ❖ Provide opportunities & supports
Menyediakan peluang & sokongan
- ❖ Adopt diversity – everybody learns differently; flexibility of teaching styles
Terima pakai Kepelbagai – kaedah belajar seseorang adalah berbeza; cara mengajar harus fleksibel.



SKILLS WORKSHOP PACKAGES		PWDs as trainers, sharing their skills																																																																			
																																																																					
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Growing Up

Don't add unnecessary stumbling blocks

Jangan menambah halangan-halangan yang keterlaluan

Kita tidak akan berkembang atau menjadi matang langsung tanpa menghadapi apa-apa cabaran.

WE DON'T GROW WHEN THINGS ARE EASY; WE GROW WHEN WE FACE CHALLENGES.

Reminder Ingatan

Like You & I, PWDs have strengths, abilities & values AND can learn and do many things, given the motivation and encouragement;,dignity and respect Everyone can achieve if they are given the right support and the opportunities.

*Seperti kami semua, OKU mempunyai kekuatan, keupayaan dan nilai-nilai tersendiri, DAN boleh belajar dan membuat banyak perkara, sekiranya diberi motivasi dan galakan; maruah dan dihormati.
Sesiapa pun boleh mencapai kejayaan jika diberi sokongan dan peluang.*

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THANK YOU!